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May 22nd, 2020 - ask kids to paint and decorate the chest or box with the words i am on the top make some coins out of thick card or cardboard that are big enough to write on then for each coin children pick out i am affirmations and write one on the front side of a coin for example i am helpful i am kind i am a good friend''pdf i am enough journal affirmations for girls pdf book

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'positive daily affirmations is there science behind it

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